

Madhubani Carnival

Seven pages for one week, by hand, in the diary with this cover.

READ YOUR COVER

Your cover is cotton, hand block-printed with a bold Madhubani-style design of fish and borders. Madhubani painting comes from the Mithila region of Bihar, where it was traditionally made by women on freshly plastered mud walls and floors. Your cover borrows the style in print; it is not a painting.



machhli
FISH



border
DOUBLE LINE



bharni
THE FILL

Simplified drawings, not copies of a printer's block.

THE ONLY RULES

- ◆ One page a day
- ◆ By hand, about ten minutes
- ◆ No rubbing out
- ◆ Nobody else has to read it

A page written by hand is the one nobody else could have written.

FROM THE STUDIO, AHMEDABAD

THIS WEEK

- 01** **WRITE**
10 min
Write about a wall you remember: painted, scribbled on, covered in photographs or calendars. What was on it?
- 02** **DRAW**
10 min
Draw a fish with a double outline, then fill its body with patterns until no empty space is left, the way Madhubani painters fill every gap.
- 03** **LOOK**
10 min
Notice a celebration around you this month, however small. Describe its colours.
- 04** **WRITE**
10 min
Madhubani painting was passed down by women. Write about something a woman in your family taught you, and how she taught it.
- 05** **MAKE**
10 min
Draw a double border around this page, then fill the space between the two lines with a pattern of your own.
- 06** **WRITE**
10 min
Tell a story in seven sentences, the way a painting tells one: a beginning, a middle and an end, with no explaining.
- 07** **RETURN**
5 min
Look back at the week and colour one corner of your favourite page in orange, teal or red.



TWENTY SHEETS

One for every diary print, free. Scan the code or visit houseoffalguni.com/pages/haath-se

SHARE A PAGE

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Madhubani from Wikipedia (Madhubani art). Craft notes from houseoffalguni.com/pages/the-craft and the product page for this cover.