

Neel Palash

Seven pages for one week, by hand, in the diary with this cover.

READ YOUR COVER

Your cover is cotton, hand block-printed: an ivory ground with tall cobalt-blue palms. *Neel* means blue. Block printers carve their designs into teak or sheesham and print one colour, and one impression, at a time.



palm
TALL PALM



frond
FROND



stem
STEM

Simplified drawings, not copies of a printer's block.

THE ONLY RULES

- ◆ One page a day
- ◆ By hand, about ten minutes
- ◆ No rubbing out
- ◆ Nobody else has to read it

A page written by hand is the one nobody else could have written.

FROM THE STUDIO, AHMEDABAD

THIS WEEK

- 01** **WRITE**
10 min
Neel means blue. Write about the bluest day you remember, in any sense of the word.
- 02** **DRAW**
10 min
Draw a row of tall palms with a single line each, from the bottom of the page to the top. Let them lean.
- 03** **LOOK**
10 min
Look up for ten minutes: ceilings, treetops, sky. Write down what is above you that you usually miss.
- 04** **WRITE**
10 min
Write about someone who stood tall for you when you needed it.
- 05** **MAKE**
10 min
Tear a strip from an old paper in one colour and paste it onto the page. Write around it.
- 06** **WRITE**
10 min
Describe your favourite tree: where it is, how old you think it is, and what it has watched.
- 07** **RETURN**
5 min
Read the week back and choose one word to carry into next week. Write it large, in blue.



TWENTY SHEETS

One for every diary print, free. Scan the code or visit houseoffalguni.com/pages/haath-se

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Craft notes from houseoffalguni.com/pages/the-craft and the product page for this cover.