

Olive Dabu

Seven pages for one week, by hand, in the diary with this cover.

READ YOUR COVER

Your cover is cotton, hand block-printed: an olive-green ground with a large pale leaf motif in the Dabu tradition. Dabu is a mud resist: the paste keeps dye away from the cloth beneath it. Bagru, in Rajasthan, worked in dabu over earthy madder and indigo.



patta
LARGE LEAF



sprig
SPRIG



dots
DOTS

Simplified drawings, not copies of a printer's block.

THE ONLY RULES

- ◆ One page a day
- ◆ By hand, about ten minutes
- ◆ No rubbing out
- ◆ Nobody else has to read it

A page written by hand is the one nobody else could have written.

FROM THE STUDIO, AHMEDABAD

THIS WEEK

- 01 **WRITE**
10 min *Dabu* uses mud to keep colour out. Write about something you have kept out of your life on purpose, and what that made room for.
- 02 **DRAW**
10 min Draw one large leaf, then its veins, branching smaller and smaller until the pen can go no finer.
- 03 **LOOK**
10 min Go outside, or to a window, and find five greens. Describe how each one is different.
- 04 **WRITE**
10 min Write about the earth in a place you love: the colour of its soil, its smell after rain.
- 05 **MAKE**
10 min Draw an empty leaf in the middle of the page, then write or draw all around it, and leave the leaf untouched.
- 06 **WRITE**
10 min Who taught you to cook, garden or mend? Write down one thing they always said.
- 07 **RETURN**
5 min Find a page from this week where you left space. Write one line in it now.



TWENTY SHEETS

One for every diary print, free. Scan the code or visit houseoffalguni.com/pages/haath-se

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Craft notes from houseoffalguni.com/pages/the-craft and the product page for this cover.